Introduction To Your Prehealth Process
Important Guidelines And Resources for Pre-OT, PT, and PA Students / Alumni

New to OT, PT, or PA? Been on the path for a while but unsure where you stand or what to do next? Whether you are still making your decision or have decided for sure to follow one of these paths, this introduction to your preprofessional process will help get you in the loop!

We strongly recommend that you read and utilize the guidelines and resources linked below (also linked from the HPPLC OT, PT, and PA pages). They will help you build a good understanding of your preprofessional process from the very start, and make tangible progress in very short order. Taking this action could also reduce some of the stress you might be feeling: the resources are extensive but user friendly.

1) First, from www.hpplc.indiana.edu, join the HPPLC email list for your area. It takes just 30 seconds.
2) Next, read the "IMPORTANT: Start By Reading This" section at the very top of the HPPLC page for your field of interest (all fields are linked from http://hpplc.indiana.edu/ohp/). This brief but important section explains how to best utilize the HPPLC page for your field. Don't worry: the site is well-organized!
3) Read through the "Overview of the Admission Process." It's brief but very informative: http://hpplc.indiana.edu/ohp/OverviewofAdmissionProcessOTPTPA.shtml
4) Read and consider the guidelines on the "What is a 'Competitive' GPA?" page: http://hpplc.indiana.edu/ohp/GPArange.shtml
5) Review "Your Preprofessional Timeline": http://hpplc.indiana.edu/ohp/YourPreprofessionalTimeline.shtml. Return to this page often throughout your process to plan short term To Do lists, and for longer term planning of the various application components.
6) Read the "Clinical Observation (Shadowing)" page, and arrange shadowing soon: www.hpplc.indiana.edu/ohp/clinicalobservation.shtml
7) Do your preliminary program research. It only takes an hour to build a good working list of possible programs if you follow the guidelines and use the resources on the "Researching Accredited Programs" page www.hpplc.indiana.edu/ohp/ResearchingAccreditedPrograms.shtml

You do not need to undertake your preprofessional process alone! After you have read through and become a bit more familiar with the above resources and information, you are welcome to schedule an appointment with a HPPLC health professions advisor. We can help you assess your circumstances, level of competitiveness, and options, as well as offer honest, constructive feedback about any steps you can take to enhance your success or choose a health career. (Please meet with your assigned advisor for academic advising and registration planning.)

How to make a HPPLC appointment: Each time you want to schedule a HPPLC preprofessional advising session, please click the Make An Appointment link on our homepage http://hpplc.indiana.edu/ and follow the directions to make sure you A) get with the advisor who can best help you; and B) provide all the requested information in the online scheduling system.

Best wishes along your path!
Your friends in the Health Professions and Prelaw Center